

SecureBlue MSHO Supplemental Benefits for 2026

More information about benefits can be found at [MSHO Supplemental Benefits](#)

Available to all MSHO members	
Over the Counter allowance myFlexCard	\$75 per quarter allowance for select health and wellbeing items, purchased online, over the phone or in select retail stores
Podiatry Services	<p>In addition to what is covered under Medicare/Medical Assistance:</p> <ul style="list-style-type: none"> • 12 additional routine podiatry visits per calendar year • No Medicare covered diagnosis is required • No prior authorization is required
Vision Care (eyeglass upgrades)	<ul style="list-style-type: none"> • Anti-glare lens coating: up to two lenses every year • Photochromatic lens tinting: up to two lenses every year • Progressive (no-line) lenses: up to two lenses every year • No prior authorization is required
LSS Friendly Helper	<ul style="list-style-type: none"> • Up to 48 hours per year of in-person or virtual services by a trained caregiver to increase community connections and monitor member wellbeing and quality of life. • Services may include friendly visiting, light household chores, grocery shopping, technical guidance, limited transportation and assistance with other tasks. • Care Coordinator referral is required
Juniper Health & Wellness Classes (including transportation)	<ul style="list-style-type: none"> • Evidence-based interactive classes (in-person and virtual options available) that provide education, fitness instruction, and self-care strategies to help people take charge of their health. • Transportation to Juniper classes is covered through BlueRide up to one round trip per day. Call BlueRide 1-866-340-8648 (TTY 711).
SilverSneakers Fitness Benefit (including transportation)	<ul style="list-style-type: none"> • Free access to fitness facilities, classes led by trained instructors, and online resources • Member or Care Coordinator can call SilverSneakers at 1-833-226-1271 or go to www.SilverSneakers.com to register and search facilities • Transportation to the fitness center is covered through BlueRide up to one round trip per day. Call BlueRide 1-866-340-8648 (TTY 711).
Transportation to Alcoholics Anonymous (AA) and Narcotics Anonymous (NA)	<ul style="list-style-type: none"> • Up to one round trip per day, per benefit • To schedule rides, call BlueRide 1-866-340-8648 (TTY 711)
Available to MSHO members residing in the community	
\$750 Safety Item Benefit	<ul style="list-style-type: none"> • Up to \$750 per calendar year for safety items • Items may include but are not limited to grab bars, handheld shower, non-slip bathmat, toilet safety rails, etc. • Must use an in-network Durable Medical Equipment (DME) provider • Care Coordinator referral is required

Dose Health Medication Dispenser	<ul style="list-style-type: none"> • Dose Flip medication dispenser(s) • Dose Flip notifications provide member/caregiver notifications of missed doses via call, text, or email • Optional equipment available at no charge: Adaptive Flipper, Extra Tray, Refilling Disk, Stand • Member must not be on a HCBS waiver to receive benefit under MSHO • Care Coordinator referral is required
QMedic Personal Emergency Response System (PERS)	<ul style="list-style-type: none"> • Home-based and Mobile GPS PERS options to call for help in an emergency • Member must not be on a HCBS waiver to receive benefit under MSHO • Care Coordinator referral is required
LSS Post-Discharge Meals	<ul style="list-style-type: none"> • Home-delivered meals for members discharging from an inpatient hospital or short-term nursing home stay • Up to 14 meals/week for 2 weeks for every post-discharge occurrence • Care Coordinator approval is required
LSS Post-Discharge Healthy Transitions	<ul style="list-style-type: none"> • Up to 3 in-home/telephonic visits with a Community Health Worker during first four weeks post-discharge from hospital or short term SNF stay • Visits include home safety assessment, nutrition discussion (and set-up of post-discharge meals), community resources, personal health record and readiness for upcoming medical appointments • Care Coordinator approval is required
Available to MSHO members with specific conditions (all living arrangements)	
Comfort Item	<ul style="list-style-type: none"> • Choice of one baby doll, animatronic cat, dog or bird per year. • For members with cognitive impairment diagnosis to lower anxiety and social isolation • Care Coordinator referral is required
Ceresti Health Caregiver Empowerment Program	<ul style="list-style-type: none"> • Tablet based caregiver education program with coaching and support • Caregiver may be spouses, adult children, other family members, and friends regardless of whether loved one is living with them or in a facility • For members with cognitive impairment or dementia
Available to MSHO members residing in the community with specific conditions	
Healthy Foods and Household Supports allowance myFlexCard	<ul style="list-style-type: none"> • \$275 per quarter allowance for plan-approved healthy foods, utilities and rent • Must have qualifying condition • myFlexCard
BlueRide Grocery Store Transportation	<ul style="list-style-type: none"> • Up to 6 round trips per month for grocery shopping • Must have qualifying condition
Available to MSHO members residing in NF, CL, or Foster Care with specific conditions	
Alliance Music Therapy	<ul style="list-style-type: none"> • Up to 26 Music Therapy visits per year by board-certified music therapist • Visits may be in person or virtual • Must have a qualifying condition • Care Coordinator referral is required

Note: This document is for Care Coordinator use only and is not intended for distribution to members.

MSHO supplemental benefits are approved for a calendar year. Benefits should not exceed 12/31/2026.

Information on each benefit including eligibility criteria and instructions on how to authorize: [MSHO Supplemental Benefits](#)