Dear Member,

Your SecureBlueSM (HMO SNP) plan by Blue Cross and Blue Shield of Minnesota and Blue Plus (Blue Plus) includes an over-the-counter (OTC) allowance. Every three months, you get $150 to buy select OTC health and wellness items from a catalog. The quarterly benefit periods are January, February, March (quarter 1), April, May, June (quarter 2), July, August, September (quarter 3), and October, November, December (quarter 4). Items can include things like bandages, adult incontinence products, allergy and cold medicines, mouth care products as well as many other personal care items.

Enclosed is the 2025 Over-the-Counter Health Solutions Catalog that shows you what items you can buy. There are many ways to order your items:

* **Mobile app:** Download the OTC Health Solutions app from the App Store (iOS) or Google Play (Android). Here you can scan and view the items offered, process an order, view past orders and view your account information
* **Online:** Visit **cvs.com/Benefits** and create an online account to place an order for items to be delivered to your home
* **Phone:** Call **1-888-628-2770**, Monday to Friday, 8 a.m. to 10 p.m. Central Time to place an order
* **In-store:** Shop and purchase catalog items in CVS stores; just present your Member ID card   
  when purchasing

Please contact your Care Coordinator if you have any questions or need help placing an order.

Thank you for being a SecureBlue member,

Blue Plus

If you have questions, you can also call SecureBlue Member Services at 1-888-740-6013, TTY 711,

8 a.m. to 8 p.m., seven days a week (except Thanksgiving Day and Christmas Day) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. The call is free.

SecureBlueSM (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in SecureBluedepends on contract renewal.

CVS Pharmacy, Inc. d/b/a OTC Health Solutions is an independent company providing OTC supplemental benefit administrative services.