<DATE>

<Member Name>

<Member Address>

<City, State, Zip Code>

Mudane/Marwo <Member Name>,

Magacaygu waa <Care Coordinator Name> waxaanan ahay Isuduwaha Daryeelkaaga Blue Plus ee qorshahaaga caafimaad. Adeegyadaydu waxay kuugu yimaadaan lacag la'aan. Markii aynu ka wada hadalnay <date>, waxaan kuu soo bandhigay qiimeyn fool ka fool ah iyo mid taleefoon oo la xidhiidha qiimeynta khatarta caafimaadka, sida hoos ku qoran, waadna diiday.

Qiimaynta khatarta caafimaad ee bilowga ah

Xidhiidhka badhtamaha sanadka si ay kuugu soo bandhigaan qiimaynta khatarta caafimaad

Qiimaynta khatarta caafimaadka ee sanadlaha ah

Blue Plus waxay rabtaa inay kaa caawiso yoolkaaga ah inaad ahaato shaqsi caafimaad qaba intii suurtagal ah. Sida laga wada hadlay, waxaan sii wadi doonaa inaan kula soo xiriiro laba jeer sannadkii si aan kuugu soo bandhigo qiimeynta khatarta caafimaadka. Waxaan sidoo kale la xiriiri doonaa meel kasta oo la ogolaado, ama baahiyaha daryeelka caafimaadka ee ka hortagga ah.

Si aan kaaga caawiyo yoolkan, waxaan halkan u imid si aan u hubiyo inaad haysato agabka aad u baahan tahay si aad u taageerto caafimaadkaaga. Sidaan ka wada hadalnay waxaan diyaar u ahay inaan kuu taageero siyaabahan soo socda kadib codsashadaada:

* Caawimaada helitaanka adeegyada hoos yimaada dheefaha caymiskaaga
* Galaan-galka ilaha bulshada, cuntada, iyo taageerada guriyeynta
* Ku xidhitaankaaga bixiyayaasha daryeelka aasaasiga ah iyo kuwa gaarka ah, oo uu ku jiro dhakhtarka ilkuhu
* Diyaarinta gaadiidka loogu talo galay caafimaadka iyo baahiyaha kale

Waxaad ka heli kartaa macluumaadka dheefaha boggayaga bluecrossmn.com/publicprograms

Faallooyinka Xubinta: <Optional: i.e. stated they are independent, continues to work full-time, is up to date on preventive visits>

Si aad ila soo xidhiidho, fadlan soo wac <Phone Number>. Saacadaheena shaqadu waa laga bilaabo <8:00 am to 4:30 pm>. Haddii aadan ku hadlin luuqada Ingiriisiga, dib ayaan kuu soo wici karaa anoo uu i weheliyo turjumaan. Haddii ay ku haysato dhibaato la xiriirta maqalka isla mar ahaantaana aad isticmaashid qaabka TTY, fadlan wac 711.

Si daacad ah,

<Care Coordinator Name, Title>

Isuduwaha Daryeelka Blue Plus

<Name of County/Clinic/Organization>

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