# PURPOSE

Provide cultural specific resource information to:

* Serve as a list for referrals to meet specific needs of specific member populations.
* Enhance the knowledge base and skills of Care Coordinators working with all members

## African American

**African Community Services- https://africancs.org/**

* Location: 1305 E 24th St. E, Minneapolis, MN 55404
* Phone: 612-721-9984
* Services provided: Refugee Employment Services, Walk-in Information and Referral for averting a utility shut off aversion, legal issues, filling out forms, etc.
* Population served: Ethiopian Community, Immigrants, Refugees, and Somali Communities in Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington counties.

# **Asian and Pacific Islanders**

## Hmong American Partnership- <https://hmong.org/hap411/community-resources/>

## Locations: 1075 Arcade St. St. Paul, MN 55106

## 394 University Ave. W 2nd Floor St. Paul, MN 55103

* Phone: 651-495-1557

651-219-5702

* Services provided: Financial Assistance, Food Resources, Health and Safety, Housing, Immigration Services, Legal Support, Utilities Support, Vaccination Resources, Emergency Assistance, Additional support.
* Population served: Hmong and Karen communities in Anoka, Carver, Chisago, Dakota, Hennepin, Isanti, Ramsey, Scott and Washington counties.

**Korean Service Center** - [contact@kscmn.org](mailto:contact@kscmn.org)

## Locations: 630 Cedar Ave. S. #B1 Minneapolis, MN 55454

## Phone: 612-342-1345

* Services provided: Seniors Better Connected in Minnesota program- Mental Health Screenings, outreach events for seniors, caregiver support, Senior "Tech Buddies", PEARLS program for depression management in seniors, telephone check ins for older adults, and people with disabilities, dementia education and testing. Long Term Care facilities
* Population served: Korean and immigrant community in Anoka, Carver, Dakota, Hennepin, Ramsey, Scott and Washington counties.

**Asian Indian Family Wellness**- <https://www.sewa-aifw.org/programs-for-seniors>

## Locations: 3702 E. Lake St. Suite 300 Minneapolis, MN 55406

## Phone: 763-234-8301

* Services provided: Support for Seniors, Culturally specific meals, SNAP food program, transportation, Dementia, Senior Activities
* Population served: South Asian Community in the Twin Cities (mostly Hennepin County) and around MN

**Chinese Social Service Center**- <https://chinesessc.com/>

## Locations: 6632 Penn Ave S Richfield, MN 55423

## Phone: 612-529-2602

* Services provided: Medicare and MA assistance, Transportation, Health Care information, and referral, Immigration counseling, Translation, Home Care Services, free lunch and snack.
* Population served: All Seniors, especially Chinese Seniors in Anoka, Blue Earth, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington counties.

**Vietnamese Social Service** -<https://vssmn.org/programs/>

## Locations: 277 University Ave West St. Paul, MN 55103

## Phone: 651-632-8927

* Services provided: English Language Learner, Health Program- low cost health and dental care services, Support groups for caregivers, healthy aging classes,
* Population served: Immigrants, Karen, Laotian, Refugees, Somali and Vietnamese communities in Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington counties.

**Vietnamese Community of MN-** <https://vietnam-minnesota.org/>

## Locations: 400 Old Hwy 8 NW Ste 2 New Brighton, MN 55112

* Phone: 612-342-1345
* Services provided: Hennepin County Downpayment Assistant program, resources for food and cash assistance, cold weather resources, energy assistance resources,
* Population served: Vietnamese community across MN

**Cambodian**

**United Cambodian Association of Minnesota -** https://www.ucamn.info/adult-day-care

* Location: 1385 Mendota Heights Rd #500, Mendota Heights, MN 55120
* Phone: 651-222-3299
* Services provided: Adult Day Care, Elder Independent Living Program, Free or low cost meals, Health Education, Immigration assistance, Promote health families, self sufficiency and job advancement. Programs for children and youth, and coordinate humanitarian and medical funds and recruit health professional volunteers to help poor people of Cambodia.
* Population served: Cambodian community in Twin Cities metro area (Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington counties)

**Hispanic**

**Abriendo Caminos Behavioral Health Clinic- MPLS-** https://clues.org/behavioral-health/

* Location: 2600 E 25th St. Minneapolis, MN 55406
* Phone: 612-404-2600 Intake: 612-439-9671
* Services provided: Mental Health services including MH assessment and therapy, substance use assessments and treatment for adults, Psychiatry with medication management, Adult Rehabilitative Mental Health Services (ARMHS), 24/7 crisis services, Immigration- related assessments.
* Population served: Latino population in MN

**Casa de Esperanza-** https://mnlatinos.com/organizations/united-states/minnesota/saint-paul/community-organizations/casa-de-esperanza/

* Location: 1821 University Ave W. St. Paul, MN
* Phone: 651-646-5553
* Services provided: National Latino Institute on Domestic Violence for women and children
* Population served: Latino and Latina women and children in MN

**Centro Tyrone Guzman-** https://www.centromn.org/

* Location: 1915 Chicago Ave S. MPLS
* Phone: 612-874-1412
* Services provided: Holistic services for seniors, Alzheimers education, virtual meetings to learn about nutition, health and legal issues.
* Population served: Latine communities in Minneapolis.

**CLUES Comunidades Latinas Unidas En Servicio Austin, MN-** https://clues.org/about/locations/austin-office/

* Location: 111 Main St. N Austin, MN 55912
* Phone: 507-355-2575
* Services provided: Employment Services, Financial Services, Health and Wellness Workshops, Access to Health information.
* Population served: Latino community in Mower County area.

**CLUES Comunidades Latinas Unidas En Servicio- MPLS –** https://clues.org/

* Location: 777 East Lake Street Minneapolis, MN 55407
* Phone: 612-292-3500
* Services provided: Classes on ESL, Financial coaching, Dementia support for members and their caregivers (Mayores Mejores), Access to healthy food, health education and prevention, Behavioral Health support.
* Population served: Latino community in MN

**CLUES Comunidades Latinas Unidas En Servicio - St. Paul-** <https://clues.org/services/elder-programs> https://clues.org/services/health-education-and-prevention/health-prevention/

* Location: 797 E 7th St St. Paul, MN
* Phone: 651-379-4200
* Services provided: CLUES Services: Classes on ESL, GED Prep, Citizenship. Job Training, Survivor Support, Community Engagement, Dementia Support for Elders and caregivers (Mayores Mejores),
* Population served: Latino community in Ramsey County area

**CLUES Comunidades Latinas Unidas En Servicio Willmar-** https://clues.org/about/locations/willmar-office/

* Location: 324 3rd St. SW #2 Willmar, MN 56201
* Phone: 320-262-5106
* Services provided: Employment Services, Financial Services, Education for first time homebuyers.
* Population served: Latino community in Kandiyohi County area

**Community University Health Center-** https://cuhcc.umn.edu/

* Location: 2001 Bloomington Ave Mpls
* Phone: 612-301-3433
* Services provided: Resources for food, shelter, health care, prescription refills, COVID 19 testing
* Population served: All ages, race, color, ethnicity and language in MN

**Hispanic Outreach of Goodhue Co-** https://mnlatinos.com/community-resources

* Location: 628 W 5th St. Red Wing MN
* Phone: 651-301-2184
* Services provided: Community Organizations, legal Resources, Family and Health Resources, Business Resources, Govt Organizations, non-profit and Community Organizations. Assistance for housing, safety and transportation, emergency support for rent, doctor bills, clothing and food in Goodhue county, and advocacy
* Population served: Hispanic community in Goodhue County

**MN Community Care Twin Cities-** https://www.mncare.org/

* Location: Multiple locations, check website for these.
* Phone: 651-602-7500
* Services provided: Mental Health, Physical Health, HIV prevention, testing and treatment, COVID testing, Nutrition, Health Education, Pharmacists and Prescriptions, Vaccines, Referrals to insurance programs, medical and dental services, housing and Spanish Interpreters.
* Population served: All residents of St. Paul, MN

**Office of Multicultural Services: https://www.hennepin.us/en/residents/human-services/multi-cultural-services**

* Location: 2215 East Lake Street Minneapolis, MN 55407
* Phone: 612-348-2193
* Services provided: Assist with applying for government assistance, find solutions to housing issues, explore employment opportunities, address immigration needs, enroll in English Language classes, cope with differences in cultures, connect to community resources.
* Population served: Hennepin County

**WellShare Intl-** https://wellshareinternational.org/

* Location: 122 W Franklin Ave Suite 510 Mpls
* Phone: 612-871-3759
* Services provided: Resources for food, shelter, health care, prescription refills, COVID 19 testing, Mental Health Education and Outreach, Chronic and infectious disease prevention and management, Health System navigation and transformation, Employment resources
* Population served: Underserved communities in MN and Africa with offices in Minneapolis and Mankato, MN

**Jewish**

**Jewish Family Services of St. Paul-** https://jfssp.org/

* Location: 1633 West 7th St. St. Paul, MN
* Phone: 651-698-0767
* Services provided: Bilingual Community Case Management, Help for Caregivers, Kosher Meals on Wheels, Senior Care Services, Advance Care Planning, Counseling and Mental Health, PEARLS for Caregivers, Support Groups, Transportation, Emergency Financial Assistance, Community Chaplaincy
* Population served: Jewish community in Dakota, Ramsey and Washington counties.

**Karen**

**Karen Organization of MN-** https://mnkaren.org/

* Location: 2353 Rice St. #240 Roseville, MN 55113
* Phone: 651-788-7593
* Services provided: Interpreters, Religious Centers, Social Services including Family Assisters, Elders Program, Caregivers Program, MnSure Outreach program, resources related to food, housing, transportation, health insurance, immigration, civic engagement, mental health, chemical dependency, employment services etc.
* Population served: Karen community in the Twin Cities

**Mennonite/Amish**

**Project H.E.A.L Amish Clinic- Centra Care- Long Prairie West Campus-** https://www.centracare.com/services/project-h-e-a-l-/

* Location: 20 9th St SE Long Prairie, MN
* Phone: 320-732-2141
* Services provided: One clinic/month on 3rd or 4th Saturday at 9am to assist with overcoming barriers to health care, help with barriers of transportation, and assist with getting medical care.
* Population served: All populations (especially those without health insurance or not having good coverage) in Central MN

**Native American**

**American Indian Community Development Corporation-** https://www.aicdc-mn.org/

* Location: 1113 E Franklin Ave Suite 202 Minneapolis MN 55404
* Phone: 612-813-1610
* Services provided: Provides low-barrier affordable housing to American Indian communities in Twin Cities
* Population served: American Indian community in the Twin Cities metro area

**Indian Health Board-** https://www.indianhealthboard.com/contact/

* Location:
* Phone: 612-721-9800
* Services provided: Medical and Dental Health, medication management, COVID screening/vaccines, and treatment
* Population served: American Indian and Alaska Native community in Minneapolis and surrounding areas.

**MN Indian Women's Resource Center-** https://www.miwrc.org/

* Location: 2300 15th Ave S. Minneapolis, MN 55404
* Phone: 612-728-2000
* Services provided: Client Advocacy for Sexual Violence, Domestic Abuse, and Trafficking. Support, MH Referrals, Homeless prevention
* Population served: Native women community and their families in the Minneapolis area

**Northwest Indian Community Development Center -** https://www.nwicdc.org/

* Location: 1819 Bemidji Ave N. Bemidji MN 56601
* Phone: 218-759-2022
* Services Provided: Resource calendar for Life skills, SNAP services, Computer basics, Mental health support groups (Ombishkaa calendar)
* Population served: Indian community in the Beltrami County area.

**Russian**

**Office of Multicultural Services: https://www.hennepin.us/en/residents/human-services/multi-cultural-services**

* Location: 2215 East Lake Street Minneapolis, MN 55407
* Phone: 612-348-2193
* Services provided: Assist with applying for government assistance, find solutions to housing issues, explore employment opportunities, address immigration needs, enroll in English Language classes, cope with differences in cultures, connect to community resources.
* Population served: Hennepin County

**Somali**

**Confederation of Somali Community-** <https://www.ramseycountymeansbusiness.com/workforce/workforce-partners/p/item/17221/confederation-of-somali-community>

* Location: 1507 S 6th St. Minneapolis, MN 55454
* Phone: 651-266-8010
* Services provided: Connect individuals with wraparound resources and assistance on housing, jobs and training, health services, legal advice, domestic services, immigration services and youth services.
* Population served: Somali and East African women community in Hennepin County area

**Office of Multicultural Services: https://www.hennepin.us/en/residents/human-services/multi-cultural-services**

* Location: 2215 East Lake Street Minneapolis, MN 55407
* Phone: 612-348-2193
* Services provided: Assist with applying for government assistance, find solutions to housing issues, explore employment opportunities, address immigration needs, enroll in English Language classes, cope with differences in cultures, connect to community resources.
* Population served: Hennepin County

**Isuroon-** <https://isuroon.org/>

* Locations: 1600 E Lake St. Suite 1 Minneapolis, MN 55407

1103 Burnsville Parkway, Suite 203 Burnsville, MN 55337

* Phone: 612-886-2731
* Services provided: Halal Food Assistance, Wellness Health Services, Refugee Support, Housing and Assistance, Safety, Advocacy and Civic Engagement
* Population served: Somali women and families in MN

**MN Somali Community Center-** [admin@mnsomalicommunitycenter.org](mailto:admin@mnsomalicommunitycenter.org)

* Location: 2400 Park Ave. Suite 242 Minneapolis, MN 55404
* Phone: 612-440-1531
* Services provided: Addiction and Mental Health help, Domestic Violence Advocacy
* Population served: Somalis and other communities in MN

**Refugee Social Services-** [info@aicsmn.org](mailto:info@aicsmn.org)

* Location: 1433 E Franklin Ave Suite 13B Minneapolis, MN 55404
* Phone: 612-871-9481
* Services provided: Housing Search, Interpreting, Reading mail, energy assistance, Elder Cares
* Population served: East African refugees in the Twin Cities

**Rochester Somali Community Center-** https://rsccmn.com/

* Location: 1500 1st Ave NE Rochester, MN 55906 Suite 126
* Phone: 1-507-254-0936
* Services provided: Intensive Care Management, Post-resettlement services, Employment services and training, Health Services navigation, Basic adult literacy, Legal assistance, Drug abuse with education, Sports and Culture, Youth Leadership and engagement.
* Population served: Somali community in Rochester, MN

**Somali Community Resettlement Services-** <https://somalcrs.org/>

* Location: 2115 Stevens Ave. Minneapolis MN 55404

201 S. Lyndale Ave Suite 1 Faribault, MN 55021

903 W Center St. Suite 200 Rochester, MN 55901

* Phone: 612-353-6380
* Services provided: ESL Classes, Housing, Transportation, Energy Assistance, Partner with Learning Centers for skills training, Social Security applications, Job search assistance, Job Placement, Employment and training program for seniors, Healthy Living classes
* Population served: Somali and East African countries refugees and immigrants, and now Latinx community in Rochester, Faribault, and Minneapolis/St. Paul areas.

**SomFam Somali Youth and Family Development Center-** <https://www.somfam.org/>

* Location:
* Phone:
* Services provided: Support groups, Mens Support group, Circle of Healing, Healthy cooking to reduce health issues.
* Population served: Somali community in MN

**Thai**

**Thai Council of MN-** https://www.thaiculturemn.us/

* Location: 2544 Hwy 100 S. St. Louis Park, MN 55416
* Phone: 312-605-7979
* Services provided: Provide events and activities of arts, music, dance and food of Thai and SE Asian culture; create a space for local Thai to meet, gather and engage and learn more about the culture; and to develop relationships in an increasingly diverse local environment and global society.
* Population served: Thai and SE Asian cultures in MN and neighboring states.

**Ukranian**

**Ukrainian American Community Center-** https://uaccmn.org/

* Location: 301 Main St. NE Minneapolis, MN 55413
* Phone: 612-379-1956
* Services provided: Local Ukrainian Organizations, Event Center, Free clinics, TB testing, COVID Vaccination, Dental, Food and Cash assistance.
* Population served: Ukraninan refugees and new immigrants in MN

**General Resources:**

**Immigrant Law Center of Minnesota (Worthington Office)** https://www.ilcm.org/

* Location: PO Box 993 Worthington, MN 56187
* Phone: 651-641-1011 or toll free 800-223-1368
* Services provided: Immigration assistance, Employment authorization, Citizenship, help completing forms,
* Languages spoken: Burmese, English, Hmong, Somali, Spanish, Karen
* Population served: low-income immigrants and refugees in MN and North Dakota

**Intercultural Mutual Assistance Association-** [**https://imaa.net/**](https://imaa.net/)

* Location: 2500 Valleyhigh Drive NW Rochester, MN, 55901
* Phone: 507-289-5960
* Services provided: Family services to build bridges to self sufficiency, Health access and education, Language Services of interpretation and translation, Victim Services, Community Health Workers
* Population served: Refugees and immigrants in Rochester, MN and surrounding areas

**General Refugee Resource directory:** <https://refugeedirectories.web.health.state.mn.us/maa-cbo>

* Resources for many different cultures and locations throughout the state located on this website.

**Project Fine-** [**https://www.projectfine.org/contact-us.html**](https://www.projectfine.org/contact-us.html)

* Location: 202 West 3rd St. Winona MN 55987
* Phone: 507-452-4100 Fax: 507-452-4644
* Services provided: Educational programs and services to help newcomers adjust to life in the US and develop skilled needed to be engaged and active community members. Interpreter services provided. Health care services Resources including General Health, COVID vaccines, Dental Care, Pharmacies, Mental Health, Crisis resources and Substance Abuse. Transportation information, Basic Needs including Food shelves, clothing stores, housing assistance, Shelters/homeless resources, Cultural specific grocery stores in nearby communities, Utility payments.
* Population served: Refugees and immigrants in Winona County

[**https://careerwise.minnstate.edu/guide/immigrants/immigrantservices.html**](https://careerwise.minnstate.edu/guide/immigrants/immigrantservices.html)