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| MSHO Supplemental Benefit  Mid-Year Reminders and Updates  See below for some reminders related to SecureBlue MSHO Supplemental Benefits. All supplemental benefit information can be found on the [MSHO Supplemental Benefits webpage](https://carecoordination.bluecrossmn.com/msho/secureblue-msho-supplemental-benefits/).  Reminder: For new MSHO, explain MSHO supplemental benefits using resource [Explanation of Supplemental Benefits](https://carecoordination.bluecrossmn.com/wp-content/uploads/2023/12/2024-Explanation-of-Supplemental-Benefits.pdf)  If you are referring a member to a supplemental benefit, please ensure they have active MSHO coverage and meet the eligibility criteria for each benefit. Refer to the Member Eligibility column on the [2024 SecureBlue MSHO Supplemental Benefits (at a glance) document](https://carecoordination.bluecrossmn.com/wp-content/uploads/2024/03/2024-SecureBlue-MSHO-Supplemental-Benefits-Grid_3-1-24.pdf).  If a member is receiving on-going services from a SecureBlue MSHO supplemental benefit provider (Alliance Music Therapy, Ceresti, Dose, Juniper, LSS, NourishedRx, QMedic) and the member loses MSHO eligibility (i.e. due to redetermination, chooses another health plan, etc.), inform the provider that the member is no longer eligible and services should be stopped. Supplemental benefit providers may not be aware that a member has termed from SecureBlue MSHO.  **Review of all MSHO Supplemental Benefits** (must be active MSHO member to be eligible)  **Alliance Music Therapy**  Members **living in a nursing home, assisted living or foster care, and who have a qualifying condition**, are eligible to receive **26 visits per year.** Complete the online referral [https://www.alliancemusictherapy.com/bcbsreferralform](https://urldefense.com/v3/__https:/www.alliancemusictherapy.com/bcbsreferralform__;!!CwIvYz4dIaSa!OkHyfKot1vCAYaV763kZe03P01EcfuJqVwpCtbWooUY7HiFqfataZeZhza_vV-FjmvX-2ctCe8At9tRjPb0S6To4LPDmg_A$)(password: musictherapy24) or call 612-584-0919.  If a member lives in a facility where they don’t have access to a telehealth device, but has access to wifi, Alliance can provide the facility with a tablet so the member can access the music therapy services. Please inform Alliance if you know that the member lives in a facility without access to a telehealth device (i.e. computer, tablet, smart phone, etc).  **BlueRide**  All members can receive rides to:   * SilverSneakers participating fitness locations * Alcoholics Anonymous (AA) OR Narcotics Anonymous (NA) * Juniper Health and Wellness Classes   Community members who have a qualifying diagnosis can receive six round trips per month to the grocery store  **Ceresti**  Caregivers don’t have to do it alone. Ceresti provides coaching, education and support services to train and support the caregiver of members with a qualifying diagnosis. Submit a [referral](https://carecoordination.bluecrossmn.com/wp-content/uploads/2023/06/BCBS_Ceresti-IntakeForm_6-16-23.pdf) or visit the Ceresti [SecureBlue website](https://secureblue.ceresticaregiver.com/).  **Corner Home Medical**  1 per member per year:   * FitBit * box of 50 disposable face masks * electric toothbrush and package of 3 replacement heads * package of 6 washable/reusable under pads (34 in x 35in) for beds and furniture * walker/wheelchair safety item (for members who use a walker or wheelchair)   [Corner Home Medical CHM Referral Form](https://carecoordination.bluecrossmn.com/wp-content/uploads/2024/04/BLUE-PLUS-MSHO-SUP-BENEFITS-REFERRAL-FORM-CHM-04.05.2024.pdf)  **CVS**  Members who live in the community (not in a nursing facility) and have a qualifying chronic condition receive $120 per month allowance for utilities and rent.  All members have a $150 per quarter allowance to purchase select over-the-counter items through CVS.  **Dental**  All members are eligible to receive additional dental services above and beyond what Medicaid covers:   * One additional preventive exam per calendar year and basic services including X-rays and filling * Dental crowns, any tooth (maximum two per year) * Root canal, any molar. No prior authorization required (one per tooth per lifetime) * Root canal retreat per tooth per lifetime * Full mouth x-ray once every 5 years   **Dose Flip**  Community members can receive med dispensers and reminders to ensure the members get their medications on time. Dose also offers Dose Flip Alerts to inform caregivers if medications are not taken properly, and Dose Remind for Activities of Daily Living (ADLs) reminders.  Dose has a new referral form [https://www.dosehealth.com/referrals](https://urldefense.com/v3/__https:/www.dosehealth.com/referrals__;!!CwIvYz4dIaSa!KO63p-pDUWbf5SoBb7nuOsEw3AXPWxRO4x-AzirJ0FWyjXbZpZVjuS917icNpC8BvkKCj8t6fHTX0YUA0gb_Tt2OBQ$). If you have feedback or suggestions about the new form, email [office@dosehealth.com](mailto:office@dosehealth.com). Care coordinators may also continue to use the [Dose-BCBS referral form 12-15-2022 (PDF)](https://carecoordination.bluecrossmn.com/wp-content/uploads/2022/12/Dose-BCBS-referral-form-12.15.22.pdf)  **Juniper**  Evidence-based health and wellness classes designed for older adults to provide education, skills, and strategies to prevent falls and promote self-management of chronic conditions. Refer online at [https://yourjuniper.org](https://yourjuniper.org/) or call 855-215-2174.  **LSS**   1. Post Discharge Services: community members recently discharged from a hospital or SNF stay can receive:  * Home-Delivered Meals up to 14 meals per week for up to 4 weeks AND * Healthy Transitions program: weekly in-home/telephonic visits during first 4 weeks post discharge by Community Health Worker.  1. Caregiver Emergency Backup Planning: members who have a caregiver and a qualifying diagnosis can create an in-depth care plan to be activated if the caregiver can no longer care for their loved one, for either the short-term or the long-term. 2. Friendly Helper: all members may receive up to 60 hours per year of friendly helper services including friendly visiting, light household chores, grocery shopping, etc.   Reminder: If a member has a family member or other informal contact who would like to be the Friendly Helper, the Care Coordinator or person interested in applying can email [LSSHealthyTransitions@lssmn.org](mailto:LSSHealthyTransitions@lssmn.org). LSS Healthy Transitions will connect the person directly with LSS HR to apply.  For any LSS service, complete the LSS referral form [BluePlus-LSS\_ReferralForm - All Services 2024\_Updated](https://carecoordination.bluecrossmn.com/wp-content/uploads/2024/01/BluePlus-LSS_ReferralForm-All-Services-2024-Updated.pdf) and email to [LSSHealthyTransitions@lssmn.org](mailto:LSSHealthyTransitions@lssmn.org)  **NourishedRx**  Community members who have a qualifying chronic condition may receive a combination of prepared meals, pantry and food boxes and meal kits for up to 12 weeks per year. Members must participate in nutrition education from NourishedRx to help with making sustained dietary changes and improve overall health. Care Coordinators submit referrals using the [NourishedRx-BCBS MSHO Referral From](https://carecoordination.bluecrossmn.com/wp-content/uploads/2024/02/BCBS-MN-MSHO-Referral-Form-NourishedRx-updated-2.8.2024.pdf)  **Podiatry**  All members may receive up to 12 routine podiatry visits per calendar year. No Medicare-covered diagnosis required.  **QMedic**   1. PERS – personal emergency response systems (in-home, mobile, and smartwatch devices available) for members who live in the community 2. Blood pressure monitoring device with optional texts for readings outside of threshold for members who live in the community and have a qualifying condition 3. Animatronic companion pets (cat, dog, and bird available) available to members who have a qualifying condition   QMedic offers its PERS members FREE reminder phone calls/texts, lockboxes, and a voice activated app called BLINK. You can find QMedic referral [here](https://carecoordination.bluecrossmn.com/wp-content/uploads/2024/01/QMedic-Referral-Form-2024-BCBS-MN.pdf) or contact Alexandra Palamari at [apalamari@qmedichealth.com](mailto:apalamari@qmedichealth.com).  **$750 Safety Benefit**  Community members may receive home and bathroom safety devices and modifications to prevent injuries in the home. The benefit may be used multiple times, up to $750/year.  **SilverSneakers**  All members have access to a fitness facility membership and classes from participating fitness clubs and exercise centers. Visit <https://tools.silversneakers.com/>. There are many new online and on-demand classes available!  **Vision**  All members may receive any combination of the following benefits each year from a network provider:   * Anti-glare lens coating, up to two lenses every year * Photochromatic lens tinting (Transition® lenses), up to two lenses every year * Progressive (no-line) lenses, up to two lenses every year   Thank you for providing education and information to SecureBlue MSHO members about their Supplemental Benefits throughout the year. We appreciate your work in helping members understand and access their benefits. If you have any questions, please contact your Partner Relations Consultant.  Please continue to share your comments on MSHO vendor experiences and supplemental benefits so we can improve the benefits for our members and for you! Send feedback to: [jenna.rangel@bluecrossmn.com](mailto:jenna.rangel@bluecrossmn.com) |