

2024 SECUREBLUE MSHO SUPPLEMENTAL BENEFITS

Blue Plus Care Coordinator Training Jan 4th, 2024

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HOUSEKEEPING ITEMS

- Contact <u>partner.relations@bluecrossmn.com</u> if you have any connection issues
- All attendees are muted
- · Webinar is recorded and will be posted to the Care Coordination website
- Questions:
 - Submit questions in the chat
 - Questions will be addressed as time allows
 - All questions and responses will be sent out after the training
- Focus today is on **new** benefits/providers
- There will be a 2nd training offered in the spring with vendors who provided services in 2023 and carried over to 2024



SLIDES

Slides are posted on the Blue Plus Care Coordination Training Page <u>https://carecoordination.bluecrossmn.com/training/</u>

- MSHO Supplemental Benefits
- 1-4-2024 MSHO Supplemental Benefits Training

MSHO SUPPLEMENTAL BENEFITS

1-4-2023 MSHO Supplemental Benefit Training

- 2024 SecureBlue MSHO Supplemental Benefit Training Slides
- 1-10-2023 MSHO Supplemental Benefit Training
- Recorded webinar



BACKGROUND

- SecureBlue is a Minnesota Senior Health Options (MSHO) plan that combines Medicare and Medical Assistance (Medicaid) into one plan.
- SecureBlue MSHO is a Special Needs Medicare Advantage Plan approved by CMS for Dual Eligible Enrollee
- As a Medicare Advantage plan, we can receive quality bonus payments from CMS that must be used for benefits or to reduce premiums. We use our quality bonus payments to offer extra (supplemental) benefits to members.
 Supplemental benefits are in addition to Medicare- and Medicaid-covered benefits.
- All supplemental benefits must be approved by CMS and meet certain criteria.
- Some supplemental benefits are limited to members who have a chronic condition (Special Supplemental Benefits for the Chronically III (SSBCI)) as required by CMS.



REMINDERS

Supplemental benefits apply to MSHO members only

No supplemental benefits require a Service Agreement in Bridgeview

Eligibility criteria varies by benefit - not all members are eligible for all benefits

Benefits are for the calendar year only and may change each year

SOME supplemental benefits require care coordinator referral, authorization or approval

SOME supplemental benefit providers receive an 'eligible member file' from BCBS and do direct outreach to members

As a care coordinator, you can help members learn about, understand and access their SecureBlue benefits each year.



UPDATED RESOURCES

Visit the SecureBlue MSHO Supplemental Benefits webpage for all information related to SecureBlue MSHO supplemental benefits. NEW RESOURCES INCLUDE:

CARE COORDINATOR RESOURCES

The new 2024 SecureBlue MSHO Supplemental Benefit Resource document includes all supplemental benefit information in one document. Use this document to find all benefit links, referral forms and resources.

2024 SecureBlue MSHO Supplemental Benefits Resource 1-3-24 (PDF)

⁷ The 2024 SecureBlue MSHO Supplemental Benefits Grid is an at-a-glance resource for Care Coordinators to view all benefits categorized by type of benefit and eligibility requirements.

2024 SecureBlue MSHO-Supplemental-Benefits-Grid_1-3-24 (PDF)

https://carecoordination.bluecrossmn.com/msho/secureblue-msho-supplemental-benefits/



SUPPLEMENTAL BENEFIT REMINDERS

2024 Explanation of Supplemental Benefits

• Printable resources to review annually with your MSHO members

https://carecoordination.bluecrossmn.com/wp-content/uploads/2023/12/2024-Explanation-of-Supplemental-Benefits.pdf

2024 MSHO Benefit Highlights - member approved

https://carecoordination.bluecrossmn.com/wp-content/uploads/2023/12/M08060.pdf

MSHO Enrollment Page (for care coordinators)

https://carecoordination.bluecrossmn.com/msho/secureblue-msho-enrollment/

Email: <u>SecureBlue.Referrals@bluecrossmn.com</u>

- Transportation services
 - Fitness locations
 - AA/NA meetings
 - · Health ed classes
 - Grocery store
- · Additional podiatry services
- Additional dental services
- · Eyeglass upgrades
- \$750.00 Safety Items
- Washable/reusable pads
- · Wheelchair/walker safety totes

- Post-discharge home-delivered meals
- Post-discharge Healthy Transitions
- Animatronic pets (cat, dog and **bird**)
- Caregiver Empowerment Program
- Personal Emergency Response System
- Medication dispenser
- · Health and wellness classes
- Fitness: SilverSneakers®
- · Fitness tracker
- Disposable face masks
- · Electric toothbrush and replacement heads

 Music therapy for members living in a facility

BlueCross BlueShield

Minnesota

- OTC benefit **\$150**/quarter
- Household Supports (utilities and rent)
- Friendly Helper
- Caregiver Emergency Planning
- Chronic Condition Meals, Food
 Boxes/Meal Kits plus nutrition education
- Blood Pressure Monitoring System

New or changed benefits are shown in bold



RETURNING BENEFITS

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Health Services (must use in-network providers)

- **Podiatry** up to 12 visits per calendar year additional podiatry services not already covered by Medicare or Medicaid for routine footcare.
- Eyeglass Upgrades on 2 lenses per year (each benefit)
 - o anti-glare lens coating
 - o photochromatic (transition) lens tinting
 - o progressive (no-line) lenses





Dental Services (must use in-network providers)

- Additional Dental services in addition to what Medicaid covers:
 - o 1 additional preventive exam
 - o 2 dental crowns
 - o 1 root canal
 - o 1 root canal retreat
 - 1 full mouth x-ray
- One electric toothbrush and 3 replacement heads per year (Corner Home Medical). Care coordinator referral required.



Fitness

• Fitness program (SilverSneakers®)

Access to more than 15,000 fitness locations, including in-person and online classes, and on-demand workout videos. Members may take BlueRide to fitness locations.

SilverSneakers receives a file of all eligible members (all MSHO members)

• Fitness tracker (Corner Home Medical)

Fitbit Inspire **3** activity tracker to increase awareness of physical activity and support making sustained changes to activity levels to improve health. Care coordinator referral required.







Equipment/Supplies (Corner Home Medical)

- **Washable/reusable pads** package of 6 washable/reusable under pads for beds and furniture. Care coordinator referral required.
- Disposable face masks 1 box of 50 disposable masks. Care coordinator referral required.

Wheelchair/walker safety item (must have a walker/wheelchair)
 Wheelchair backpack or arm tote OR
 Small walker tote bag or large walker accessory bag
 Care coordinator referral required.

Examples shown only









Transportation services (BlueRide)

Additional transportation services

In addition to the medical/dental rides, members can use BlueRide for trips to:

- SilverSneakers participating fitness locations (one ride per day)
- Narcotics Anonymous/Alcoholics Anonymous (one ride per day)
- Juniper Health and Wellness class locations (one ride per day)

Grocery Store Transportation

Six round trips per month to the grocery store. Maximum 45 miles one-way.

NEW: Limited to members who have an identified chronic condition and live in the community (not in a facility).



Transportation services (BlueRide) Grocery Store Transportation Eligibility

Community members only with:

- Autoimmune disorders
- Cancer
- Cardiovascular disorders
- Chronic alcohol and other drug dependence
- Chronic and disabling mental health conditions
- Chronic heart failure
- Chronic kidney disease
- Chronic lung disorders

- Chronic pain syndrome
- Cognitive impairment
- Dementia
- Diabetes
- End Stage Liver Disease
- End Stage Renal Disease
- HIV/AIDS
- Neurological disorders
- Stroke

Eligibility is based on BCBS claims/records, member or care coordinator report



Equipment/Supplies and Safety Items

- **\$750.00 In-home Safety Items** (grab bars, handrails, etc). Must use an in-network provider Available to MSHO members in the community only. Care coordinator referral required.
- Medication Dispenser + Reminder Service (Dose Flip by Dose Health)

Device for members requiring medication management services. Dose also offers reminders to take medications or complete other ADLs or IADLs and notifications for missed doses. Available to all MSHO members in the community. Care coordinator referral required.





Caregiver Supports

Caregiver Empowerment Program (Ceresti)

Tablet-based coaching, education and support for caregivers of people living with dementia, stroke or Parkinson's disease. Ceresti receives a file of eligible members and does direct outreach.



Health and Wellbeing

• Music Therapy (Alliance Music Therapy)

Up to 26 sessions of Music Therapy by board-certified music therapist per year for members residing in a nursing facility, customized living or adult foster care with dementia, Alzheimer's Disease, high risk of isolation, depression and other mental health related needs. Care coordinator referral required.

Health and Wellness classes (Juniper)

Access to free, evidence-based classes on falls prevention, chronic disease and pain management. Classes are designed for older adults and led by certified instructors/coaches that provide education, skills, and strategies to prevent falls and promote self-management of chronic conditions including diabetes and chronic pain. Some classes available online or telephonically. Includes transportation via BlueRide - max one round trip ride per day. Care coordinator can complete a referral or member can contact Juniper directly. https://yourjuniper.org/programs-classes/







Health and Wellbeing

- **OTC benefit** (CVS OTC Health Solutions)
 - An allowance of up to **\$150** per quarter to purchase select over-the-counter (OTC)
 - health and wellbeing items from a CVS catalog. Member can order by phone or
 - online and have eligible items delivered to their home or shop for eligible items
 - in CVS stores. Unused benefits do not roll over to next quarter.
 - Newly enrolled community members receive a copy of the catalog. All returning members who live in
 - the community (not in a nursing facility) will receive a copy of the 2024 catalog.
 - Members can request one replacement copy per year from CVS. Catalogs available in
 - Spanish. Provider receives a weekly file of all MSHO members.
 - o https://www.cvs.com/benefits (to order or access the catalog online)
 - \circ 1-888-628-2770 (TTY: 711) Monday to Friday, from 8 AM to 7 PM CT
 - New App: OTC Health Solutions App

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OTC HEALTH SOLUTIONS APP

New! The OTC Health Solutions App

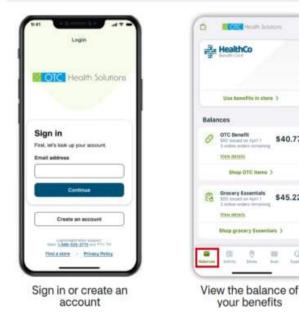
Get the most out of your benefit using our mobile app! Simply download the OTC Health Solutions app from the App Store (iOS) or Google Play (Android), to get started. This app will allow you to scan and view the items offered, process an order, view past orders, and view account information.

\$40.77

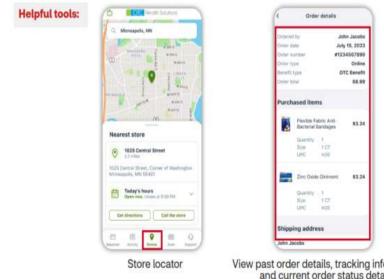
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July	*	
July 1	8,2023 Online	
0	OTC Benefit Order #1(14567(98)	\$8.90
63	Grockry Essential Order #TEX#047888	\$14.78
July 1	2923 Online	
0	OTC Senefit Onder #1234567888	\$4.99
13	Grocery Essential Croke etchronomy	814.70
July 2	, 2023 Online	
0	OTC Senefit Order PCO4567690	\$8.99
6	Grocery Essential	\$14.76
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View past order details, tracking information and current order status details

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BlueCross BlueShield

Minnesota



NEW BENEFITS (AND SOME RETURNING)

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LUTHERAN SOCIAL SERVICES (LSS)

Friendly Helper, Caregiver Emergency Care Planning, Post-Discharge Community Health Worker, Post-Discharge Home Delivered Meals

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ELIGIBILITY

Friendly Helper: ALL MSHO MEMBERS! Care coordinator referral required.

Caregiver Emergency Care Planning:

Members who live in the community and have a caregiver. Member must have a qualifying diagnosis of:

- Cancer
- Cardiovascular Disorders
- Chronic Heart Failure
- Chronic Lung Disorders
- Dementia
- Diabetes
- ESRD
- HIV/AIDS
- Rheumatoid Arthritis
- Stroke

Care coordinator referral required.

Post-Discharge Services:

All MSHO members in the community. LSS receives a daily file of members admitted/discharged from a short-term facility stay. Care coordinator notification/approval required. Care coordinators may also submit a referral.

LSS Services: Emergency Care Planning, Friendly Helper, and Healthy Transitions

A Lutheran Social Service of Minnesota program in partnership with BCBS

January 2024





Friendly Helper Service

Companionship and Friendly Visiting

• Supplemental benefit available to qualified Minnesota Senior Health Options (MSHO) members

In-home and Telephonic Support for 60 Hours Each Year

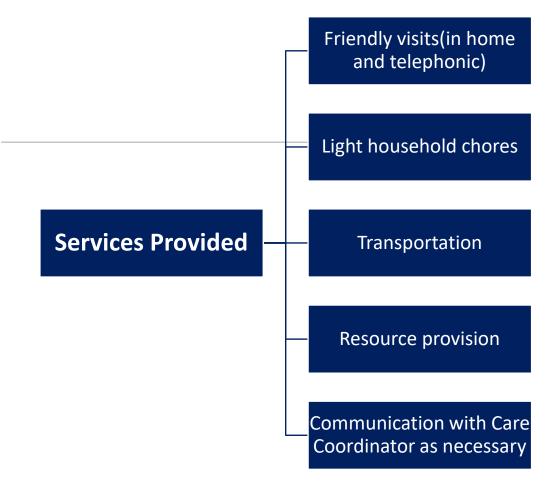
• Targeting older adults who identify as lonely or isolated to provide support, socialization, and community integration

Service Provided by a Paid LSS Staff Member

• Care Companion – LSS employee (this is not a volunteer service)







In Home Visits

	75% of visits should take place in home		
∳ ⊥⊉	Companionship:	Visiting/reminiscing Play cards/games Help go through mail Build a relationship	
~~	Transportation	Transportation in community: grocery shopping, errands, appointments, going out for a cup of coffee, thrift store shopping, senior center, community events, etc.	
	Light household chores		

Telephone Visits

While most visits will take place in home, phone and virtual visits are another great option for companionship!

<u></u> фт į	Conversation	Ask how they are What their plans are for week Visiting/reminiscing Phone conversation topic guide	
	Plan	Make a plan for the next visit – what you will be accomplishing	
••	Warm, friendly, and patien	t companionship	



Emergency Care Planning Service

Companionship and Friendly Visiting

• Supplemental benefit available to qualified Minnesota Senior Health Options (MSHO) members

In-home and Telephonic Support for 60 Hours Each Year

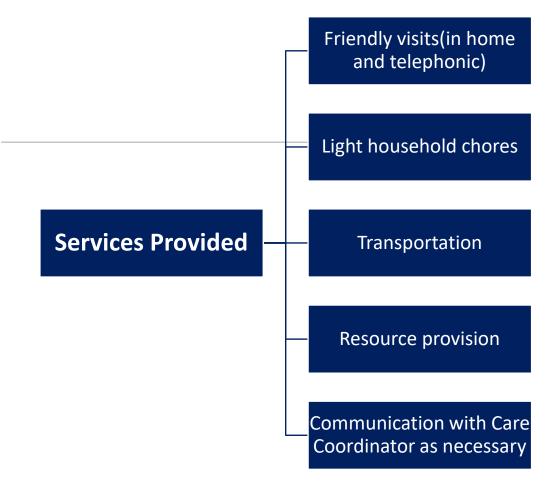
• Targeting older adults who identify as lonely or isolated to provide support, socialization, and community integration

Service Provided by a Paid LSS Staff Member

• Care Companion – LSS employee (this is not a volunteer service)







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Once the Emergency Care Plan meeting is scheduled with all members of the care team:

- LSS admin will update the Care Coordinator
- Care Coordinator completes the Service Agreement

On going communication:

- LSS Caregiver staff will send care coordinator updates and communication on an as needed basis
- Care Coordinator will enter notes into members care plan as necessary

Service Process





LSS Healthy Transitions Service

Lutheran Social Service

Readmission Prevention Benefit

• Supplemental benefit available to qualified Minnesota Senior Health Options (MSHO) members

In-home support following a hospital stay

• Targeting older adults living independently with frequent hospital admissions

Service provided by a trained staff

• Certified Community Health Worker (CHW)



LSS Post Discharge Meals Service

Post Discharge Benefit

- Supplemental benefit available to qualified Minnesota Senior Health Options (MSHO) members
- Healthy Transitions Staff coordinates orders

Frozen Shipped Meals

- 14 Meals sent biweekly
- Available for all members that are eligible for post discharge service
- Low sodium and vegetarian options available

LSS Meals – Stand Alone Benefit

• Post discharge Meals are available alongside the Healthy Transitions benefit or independently



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Care Coordinator discusses Emergency Care Planning, Friendly Helper, Healthy Transitions, and/or Meals benefit(s) with member.



• The Care Coordinator will complete the referral form

 Referral is sent to LSS email – <u>LSSHealthyTransitions@lssmn.org</u> or Fax 651.310.9449

• LSS Admin will contact Care Coordinator to confirm receipt of referral

• LSS Admin will call the member to schedule visit #1

Referral Process

Contact Information:

LSS Healthy Transitions Service 1605 Eustis Street, Suite 406 Saint Paul, MN 55108

Phone: 800-200-0986

Email: LSSHealthyTransitions@lssmn.org



NOURISHEDRX

Chronic Conditions Meals and Food and Nutrition Education

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ELIGIBILITY

Chronic Conditions Meals, Food and Nutrition Education

Community members only with:

- Cancer
- COPD
- Chronic Heart Failure
- Coronary artery disease (CAD)
- Diabetes
- End-Stage Renal Disease
- HIV/AIDS
- Peripheral Vascular Disease
- Rheumatoid Arthritis
- Stroke

Referral Process: Provider receives an eligibility file and contacts eligible members. Care coordinator notification/approval required. Care coordinators may also submit a referral.



QMEDIC

PERS, Blood Pressure Monitoring, Companion Pets

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ELIGIBILITY

Blood Pressure Monitoring System:

Community members only with

- Cardiovascular Disorders (including HTN)
- Chronic Heart Failure
- ESRD
- Stroke

Referral Process: Care coordinator referral required

Animatronic Pets:

All MSHO members with:

- Dementia
- Cognitive impairment
- Social isolation

Referral Process: Care coordinator referral required

PERS: Community members. Care coordinator referral required.



HOUSEHOLD SUPPORTS - CVS

Utilities and Rent Assistance

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Household Supports (CVS and Incomm)

- Administered by CVS and Incomm
- Eligible members will receive a pre-loaded Visa debit card with a monthly allowance of \$120 to pay for utilities and rent
- Utility company and landlord must meet certain qualifications to be eligible to accept payment
- Benefits do not rollover to the next month
- Limited to members who have an identified chronic condition and live in the community (not in a nursing facility)
- Household Support benefit does not count as income or assets and does not impact a member's eligibility for state or federal benefits



Eligibility/Requirements:

Community members only with:

- Cancer
- Cardiovascular Disorders
- Chronic Heart Failure
- Chronic Lung Disorders
- Dementia
- Diabetes
- End-Stage Renal Disease
- HIV/AID
- Stroke

*Members are eligible based on medical/pharmacy claims to Blue Cross.

If a member has not received medical care or filled a prescription with Blue Cross, they will not appear as eligible for this benefit.

Care coordinators cannot refer for this benefit.



Like the OTC benefit, CVS will receive a weekly eligibility file.

- Once CVS receives the eligibility file, it is sent to Incomm to mail the Visa cards
- Cards will be mailed within 10 business days after CVS receives the eligibility file (member gets one debit card)
- Cards will be mailed to all existing eligible members in mid-January
- Each month, new members will also be identified for the benefit. Members will receive their debit card the month they become eligible (based on claims to Blue Cross).
- Members must activate their cards by calling or going online



Presorted First-Class Mail US Postage PAID PBPS

Mail Processing PO Box 982819 El Paso, TX 79998 - 2819

MEMBER NAME STREET ADDRESS CITY, STATE ZIP CODE



By using this Card, you agree that the Card can only be used for approved household supports including utilities and rent. To check your balance, go to mybenefitscenter.com or call 1-855-788-3466 (TTY 711). The monthly benefit amount expires at the end of each month; unused amounts do not roll over to the next month. This Card cannot be redeemed for cash.

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sureBlueSM (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical istance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in SecureBlue bends on contract renewal.

rd is issued by Sutton Bank; pursuant to a license from Visa U.S.A. Inc. Please contact your Program onsor directly for a full list of Qualified Purchases. Visa is a registered trademark of Visa, U.S.A. Inc. All er trademarks and service marks belong to their respective owners. No Cash or ATM Access. Terms and iditions apply, contact your Plan Provider for details.

BenefitsCenter.com is from Incomm, an independent company that provides access to household supports. S Pharmacy, Inc. is an independent company that provides access to household supports.

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ACTIVATE YOUR CARD AT <u>mybenefitscenter.com</u> OR CALL 1.855.788.3466 YOU NEED TO HAVE YOUR CARD TO COMPLETE ACTIVATION

When members call or sign into mybenefitscenter.com, they will be prompted to enter their card number and activation code.

The activation code is their birthdate in a mmddyyyy format.

For example, a person with a birthdate of March 8,1948 would enter 03081948



To pay their bill, the member's physical address must match the address on the utility or rent bill.

Utilities Companies and/or Landlord must be approved with the appropriate Merchant Category Code (MCC) and accept Visa to accept payment with this card.

Rent: 6513 real estate agents and managers. Landlord is registered as landlord under Visa network.

Utilities:

- 4900 Electric Gas Water and Sanitary
- 4899 Cable, Satellite and Other Pay Television/Radio/Streaming Services
- 4814 Telecommunication Services, including Local and Long-Distance Calls, Credit Card Calls, Calls Through Use of Magnetic Stripe-Reading Telephones, and Fax Services
- 4812 Telecommunication Equipment and Telephone Sales



Resources:

Members may go to <u>www.mybenefitscenter.com</u> or download the Benefit Center App (OTC Network app) to check their benefit balance. Members may also call 1-855-788-3466 from 8 AM to 7 PM CT. This number is automated to prompt activation and share card balance.

For members who need to speak to a customer service representative call 1-855-788-3466 and follow the prompts.

If you are helping a member access benefits or you are calling CVS on behalf of a member, you must include the alpha prefix on the member's ID (i.e. **MQS**80XXXXXX)

If a member loses their card, call 1-855-788-3466 to request a replacement card. The previous card will be inactivated by Incomm. A new card will be mailed within 10 days of the request.



My Benefit Center Guide

https://carecoordination.bluecrossmn.com/wp-content/uploads/2023/12/MBC_Guide_05212023-5.pdf

 Household Supports – flex card for utilities and rent (offered by CVS)
 Return to menu

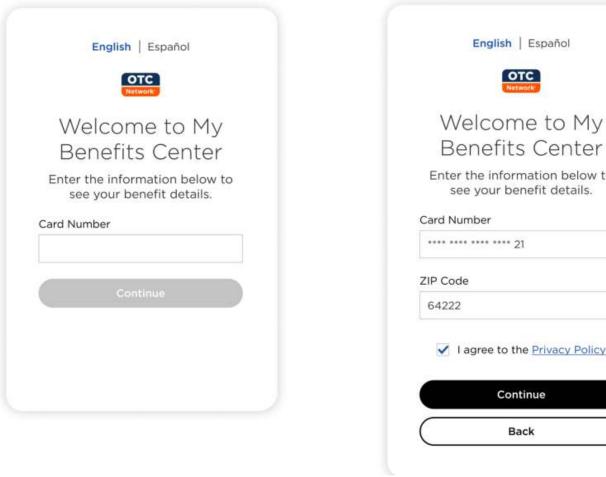
 \$120 per month allowance for utilities and rent
 • Utility company and landlord must be approved with the appropriate utility merchant ID code and accept Visa.

Resources:

Members may go to www.mybenefitscenter.com or download the Benefit Center App to check their benefit balance.

Call 1-855-788-3466 (TTY 711) to activate the card, check balance, request a replacement card or speak to a representative.

- 2024 SecureBlue Flex Card Sample Package
- My Benefits Center Guide
- 2024 Household Supports Flex Card Benefit Instruction Sheet



Enter the information below to see your benefit details. Card Number **** **** **** **** 21 I agree to the Privacy Policy Continue

Back

OTC

Enter Card Number

A member will not be required to create an account or provide an email when they use My Benefits Center.

- 1. Access My Benefits Center website via your computer or mobile device URL: https:// mybenefitscenter.com/
 - i. Supported Browsers: Chrome, Safari, Microsoft Edge, & Firefox App for Mobile Devices: OTC Network
 - ii. Supported Devices: mobile and tablet iOS and Android devices
- 2. Enter your OTC card number. (Do not include spaces or dashes.)
- 3. Member will be prompted for one secondary ID field. (Ex: Member ID, birthday, zip code)
- 4. Make sure to click "I agree to the Privacy Policy"
- 5. Members may also be prompted with a CAPTCHA for safety purposes.

Download the OTC app:

- 1. To access the same information via app, go to the App Store or Google Play.
- 2. Search for the OTC Network.
- 3. Download the app and follow the same steps to enter your card number.

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🕉 Logo Here	My	Benefits Products Locat	ions Trar				Transaction History
Transaction History							Transaction History Members can view all their transactions within the last 1 year when logged into Benefits Center
Filter Dates	Last 30 Days		<pre> Prev Page 2 of 10 Next > </pre>		>		 Login to My Benefits Center. Select the "Transactions" tab to view the
Last 30 Days	Today					transaction summary. 3. Filter transaction dates. (Options: Last 30 Days o	
	Des	cription	Amount Balance				per month)
		Purchase CVS [Example of Pending Transaction]	-\$60.00	C Pending	<		Click on the caret symbol next to a transaction to expand and see the transaction details.
ΕΑΩ		Card ending in 1234				Expanded Transaction Details View:	
	OTC Healthy Foods		-\$20.00			Transaction Summary View:	
		Purchase Walmart Brookside <i>Card ending in 1234</i>	-\$40.00	C Pending	(
		Purchase MODOT [Example of completed transaction] Card ending in 1234	-\$5.00	-\$5.00			
	Ex	rgacy Wallet Visit ample] d ending in 1234	-\$15.00	50.00 remaining			
	Eff	eriod] Benefit Load ective Date [Reward me] Load d ending in 1234	+\$50.00	80.00 remaining			



RESOURCES

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RESOURCES

Resources for Members/Care Coordinators:

- 2024 SecureBlue Member Handbook https://www.bluecrossmn.com/sites/default/files/DAM/2023-09/2024-secureblue-member-handbook.pdf
- 2024 SecureBlue Summary of Benefits https://www.bluecrossmn.com/sites/default/files/DAM/2023-10/2024-secureblue-summary-of-benefits.pdf
- 2024 SecureBlue Supplemental Benefits brochure https://www.bluecrossmn.com/sites/default/files/DAM/2023-09/2024-secureblue-plan-highlights-brochure.pdf
- SecureBlue Member site: <u>https://www.bluecrossmn.com/members/shop-plans/minnesota-health-care-programs/secureblue-minnesota-senior-health-options</u>



RESOURCES

For Care Coordinators:

<u>https://carecoordination.bluecrossmn.com/msho/secureblue-msho-supplemental-benefits/</u>

Training and Q&A will be posted on the Blue Plus Care Coordinator Training Page

<u>https://carecoordination.bluecrossmn.com/training/</u>

Questions: <u>Partner.relations@bluecrossmn.com</u> <u>Jenna.Rangel@bluecrossmn.com</u> <u>SecureBlue.Referrals@bluecrossmn.com</u>

Questions?





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