

COMPARE PLAN BENEFITS

SecureBlueSM (HMO SNP) and MSC+

SecureBlue, a Minnesota Senior Health Options (MSHO) plan, offers more complete coverage than Blue Plus® Minnesota Senior Care Plus (MSC+). While they offer some of the same benefits, SecureBlue includes additional benefits at no additional cost to you. A Care Coordinator is available to explain your benefits and help arrange services for you.

PLAN BASICS	SecureBlue	MSC+
No premiums, deductibles or Medicaid cost sharing	✓	~
One member ID card for all medical services and prescription drugs	✓	_
Medicare Part D prescription drug coverage	✓	_
ADDITIONAL COVERAGE		
Over-the-counter allowance: \$150 per quarter to purchase select over-the-counter items from CVS catalog	✓	_
Additional dental benefits: 2 crowns (2 teeth/year) and electric toothbrush with 3 replacement brush heads	✓	_
Eyewear extras: anti-glare lens coating, progressive lenses and transition lenses are available options for eyewear	✓	_
Nursing home: no 3-day hospital stay required for Medicare-covered skilled nursing facility	✓	Copay or 3-day stay may apply
Additional podiatry services: podiatry services not already covered by Medicare, up to 12 visits per calendar year	~	_
HEALTH AND WELLBEING AND SAFETY ASSISTANCE		
SilverSneakers® fitness program: access to more than 15,000 fitness locations and online workouts	✓	_
Wearable activity tracker with heart rate monitor	✓	_

HEALTH AND WELLBEING AND SAFETY ASSISTANCE (CONT.)	SecureBlue	MSC+
Animatronic pet: choice of an animatronic cat, dog or bird for members with a cognitive impairment diagnosis	✓	_
BlueRideSM transportation: rides to covered medical, dental and mental health appointments, to fitness and health and wellbeing classes, and more	✓	✓
Friendly helper: get in-person and virtual support services to increase community connections and help with everyday tasks like light household chores, grocery shopping and more	✓	_
Home safety items: up to \$750 for safety items to prevent injuries in the home	✓	_
Personal emergency response system (PERS): in-home or mobile PERS devices to let you call for help in an emergency	✓	_
Music therapy for members in residential or long-term care settings with certain mental health-related needs. Up to 26 sessions per year.	✓	_
Juniper® health education classes: free, evidence-based classes on falls prevention, chronic disease and pain management	✓	_
Additional personal safety items: up to 50 disposable face masks	✓	_
Support for caregivers: coaching, education and support for caregivers of people living with dementia, stroke or Parkinson's disease	✓	_
POST-DISCHARGE HELP		
Post-discharge healthy transitions: get support for your transition home during the first 30 days after discharge from a hospital or short-term skilled nursing facility	~	_
Home-delivered meals: 2 meals per day for up to 4 weeks following an inpatient hospital or short-term stay at a skilled nursing facility	✓	_
ADDITIONAL HELP FOR MEMBERS WITH ONE OR MORE CHRONIC HEA	LTH CONDITIO	NS
Household support: monthly allowance of \$120 to help pay for your utility bills and rent	✓	_
Transportation for grocery shopping: up to 6 round-trip rides per month	✓	_
Blood pressure monitor: 1 monitor to track your blood pressure	✓	_
Caregiver emergency planning: an in-depth care plan to be activated if the caregiver can no longer care for their loved one	✓	_
Medically-tailored meals: get customized meals, food boxes and nutrition education to support and improve your health	~	_
Additional medical supplies: wheelchair and walker safety pouch/ tote, medication dispenser, and more	✓	_

SecureBlue 1-888-740-6013; TTY 711

Attention. If you need free help interpreting this document, call the above number.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Thoy ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.



or



Civil.Rights.Coord@bluecrossmn.com 1-888-740-6013, TTY 711

Discrimination is against the law. Blue Plus will accept all eligible Beneficiaries who select or are assigned to Blue Plus without regard to medical condition, health status, receipt of health care services, claims experience, medical history, genetic information, disability (including mental or physical impairment), marital status, age, sex (including sex stereotypes and gender identity), sexual orientation, national origin, race, color, religion, creed or public assistance status.

SecureBlueSM (HMO SNP) is a health plan that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in SecureBlue depends on contract renewal.

SecureBlue Member Services: 1-888-740-6013, TTY 711, 8 a.m. to 8 p.m. Central Time, seven days a week (except Thanksgiving and Christmas) from October 1 through March 31, and Monday to Friday (except holidays) from April 1 through September 30. This call is free.

CVS Pharmacy, Inc. d/b/a OTC Health Solutions is an independent company providing OTC supplemental benefit administrative services.

SilverSneakers® is a registered trademark of Tivity Health, Inc., an independent company that provides health and fitness programs.

Juniper is an independent company providing a statewide network that helps people manage chronic health conditions, prevent falls and foster wellbeing.

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Better together

