



SecureBlue MSHO Supplemental Benefits for 2024

More information about benefits can be found at [MSHO Supplemental Benefits](#)

Available to **all** MSHO members

Dental Services	<p>In addition to what is covered under Medicare/Medicaid (Medical Assistance):</p> <ul style="list-style-type: none"> • One additional preventive exam per calendar year • Two crowns • Root canal any molar (one tooth per lifetime) • Root canal retreat (one retreat per tooth per lifetime) • Full mouth x-ray (once every 5 years) • No prior authorization is required • Questions? Members can call Delta Dental at 1-800-774-9049 or Care Coordinators can call 1-866-303-8138
Podiatry Services	<p>In addition to what is covered under Medicare/Medicaid (Medical Assistance):</p> <ul style="list-style-type: none"> • 12 additional routine podiatry visits per calendar year • No Medicare covered diagnosis is required • No prior authorization is required
Vision Care (eyeglass upgrades)	<ul style="list-style-type: none"> • Anti-glare lens coating: up to two lenses every year • Photochromatic lens tinting: up to two lenses every year • Progressive (no-line) lenses: up to two lenses every year • No prior authorization is required
LSS Friendly Helper	<ul style="list-style-type: none"> • Up to 60 hours per year of in-person or virtual services by a trained caregiver to increase community connections and monitor member wellbeing and quality of life. • Services may include friendly visiting, light household chores, grocery shopping, technical guidance, limited transportation and assistance with other tasks. • Care Coordinator referral is required
Juniper Health & Wellness Classes (including transportation)	<ul style="list-style-type: none"> • Evidence-based interactive classes (in-person and virtual options available) that provide education, fitness instruction, and self-care strategies to help people take charge of their health. Classes are designed for people who are living with chronic conditions or are at risk for falls. • Call Juniper at 855-215-2174 or visit https://yourjuniper.org/ (under 'Make a Referral' tab) to refer member to class. Member can also call Juniper directly. • Transportation to Juniper classes is covered through BlueRide up to one round trip per day. Call BlueRide 1-866-340-8648 (TTY 711).
SilverSneakers Fitness Benefit (including transportation)	<ul style="list-style-type: none"> • Free access to fitness facilities, classes led by trained instructors, and online resources • Member or Care Coordinator can call SilverSneakers at 1-833-226-1271 or go to www.SilverSneakers.com to register and search facilities • Transportation to the fitness center is covered through BlueRide up to one round trip per day. Call BlueRide 1-866-340-8648 (TTY 711).

Transportation to Alcoholics Anonymous (AA) and Narcotics Anonymous (NA)	<ul style="list-style-type: none"> • Up to one round trip per day, per benefit • To schedule rides, call BlueRide 1-866-340-8648 (TTY 711)
CVS Over-the-Counter Allowance	<ul style="list-style-type: none"> • \$150 per quarter allowance to purchase select OTC items • Allowance does NOT roll over into the next quarter, unused balance each quarter is forfeited • Members may order by telephone, online, or shop in CVS stores • Many OTC items are covered under the member's Medical Assistance benefit. The member should talk to the pharmacist to determine if an item not in the catalog is covered under MA.
Disposable Face Masks	<ul style="list-style-type: none"> • One box of 50 disposable face masks per year • Care Coordinator referral is required
Electric Toothbrush/Replacement	<ul style="list-style-type: none"> • One electric toothbrush and one package of three replacement heads per year • Care Coordinator referral is required
Activity Tracker – Fitbit Inspire 3	<ul style="list-style-type: none"> • One fitness tracker per year • Comes with two sizes of detachable bands and charging cable, available in black only • 24/7 heart rate and Active Zone Minutes, activity and sleep tracking • Up to 10 days of battery on one charge • Member must set up an online account for Fitbit activation • Care Coordinator referral is required
Incontinence Package	<ul style="list-style-type: none"> • 6 reusable under pads size 34" x 35" per year • Washable up to 300x • Care Coordinator referral is required
Wheelchair or walker safety pouch or tote	<ul style="list-style-type: none"> • One item per year • Wheelchair options include a backpack or arm tote • Walker options include a walker tote bag or pouch • Care Coordinator referral is required
Available to MSHO members residing in the community	
\$750 Safety Item Benefit	<ul style="list-style-type: none"> • Up to \$750 per calendar year for safety items • Items may include but are not limited to grab bars, handheld shower, non-slip bathmat, toilet safety rails, etc. • Must use an in-network Durable Medical Equipment (DME) provider • Review benefit criteria for important details • Care Coordinator referral is required
Dose Health Medication Dispenser	<ul style="list-style-type: none"> • Dose Flip medication dispenser(s) • Dose Flip notifications provide member/caregiver notifications of missed doses via call, text, or email • Optional equipment available at no charge: Adaptive Flipper, Extra Tray, Refilling Disk, Stand • Care Coordinator referral is required

QMedic Personal Emergency Response System (PERS)	<ul style="list-style-type: none"> • Home-based and Mobile GPS PERS options • Care Coordinator referral is required
LSS Post-Discharge Meals to Go	<ul style="list-style-type: none"> • Home-delivered meals for members discharging from an inpatient hospital or short-term nursing home stay • Up to 14 meals/week for four weeks for every post-discharge occurrence • Care Coordinator approval is required
LSS Post-Discharge Healthy Transitions	<ul style="list-style-type: none"> • Up to 4 in-home/telephonic visits with a Community Health Worker during first four weeks post-discharge from hospital or short term SNF stay • Visits include home safety assessment, nutrition discussion (and set-up of post-discharge meals), community resources, personal health record and readiness for upcoming medical appointments • Care Coordinator approval is required
Available to MSHO members with specific conditions (all living arrangements)	
Animatronic Pets	<ul style="list-style-type: none"> • Choice of one animatronic cat, dog or bird per year. Batteries are included with initial shipment • For members with cognitive impairment diagnosis to lower anxiety and social isolation • Care Coordinator referral is required
Ceresti Health Caregiver Empowerment Program	<ul style="list-style-type: none"> • Tablet or phone app-based education along with coaching and support program for caregivers • Caregiver may be spouses, adult children, other family members, and friends regardless of whether loved one is living with them or in a facility • For members with cognitive impairment, Parkinson's, or who have a history of stroke
Available to MSHO members residing in the community with specific conditions	
QMedic Blood Pressure Monitoring	<ul style="list-style-type: none"> • Blood pressure device designed to inform the member/caregiver of the member's blood pressure • Must have a qualifying condition • Care Coordinator referral is required
LSS Caregiver Emergency Planning	<ul style="list-style-type: none"> • Caregiver and member will create an in-depth care plan to be activated if the caregiver can no longer care for their loved one, for either the short-term or the long-term • Must have qualifying condition and an informal caregiver • Care Coordinator referral is required
CVS Household Supports (assistance with utilities and rent)	<ul style="list-style-type: none"> • \$120 per month allowance for utilities and rent • Utility company and landlord must be approved with the appropriate merchant category code and accept Visa • Funds are only accessible by approved utility/landlord • Must have qualifying condition
NourishedRx Medically Tailored Meals and Food with Nutrition Education	<ul style="list-style-type: none"> • Combination of prepared meals, pantry and food boxes, and meal kits up to 12 weeks per year • Member must participate in Nutrition Education sessions to be eligible for the meals/food deliveries • Must have qualifying condition • Care Coordinator approval is required
BlueRide Grocery Store Transportation	<ul style="list-style-type: none"> • Up to 6 round trips per month for grocery shopping • Must have qualifying condition

Available to MSHO members residing in a NF, CL, or Foster Care with specific conditions

Alliance Music Therapy

- Up to 26 visits per year by board-certified music therapist for persons residing in a nursing facility, customized living facility or adult foster home
- Visits may be in person or virtual
- Must have a qualifying condition
- Care Coordinator referral is required

Note: This document is for Care Coordinator use only and is not intended for distribution to members.

MSHO supplemental benefits are approved for a calendar year. Benefits should not exceed 12/31/2024.

Information on each benefit including eligibility criteria and instructions on how to authorize: [MSHO Supplemental Benefits](#)