

## CARE COORDINATOR SERVICES

### Get help with your health care needs

We could all use a helping hand from time to time. Your Blue Advantage<sup>SM</sup> Minnesota Senior Care Plus (MSC+) plan gives you access to a care coordinator who helps you work with your clinic, doctor, dentist and others.

A care coordinator can help review your health care needs. You can get:

- → Help finding a specialist
- → Help learning about your medications
- → Answers to your questions
- → Information to help you and your family make the right health care decisions
- → Information on preventing illness, accidents and trips to the hospital
- → Assistance with your care during and after a hospitalization

#### **EASY TO REACH**

Your care coordinator is just a phone call away. You can talk with your care coordinator on the phone Monday through Friday between 8 a.m. and 4:30 p.m. Central time. Your care coordinator will also reach out to you on the phone and with an in-person visit.

### RESPECTING YOUR WISHES

Blue Plus and your care coordinator respect your independence. We will work with you to create a plan that meets your needs and helps you be your healthiest.

#### YOU PAY NOTHING EXTRA

Best of all, there is no charge for your care coordinator.

#### CARE COORDINATOR CONTACT INFORMATION

Hello, my name is	
My phone number is	

I am your care coordinator. My job is to make your life easier by helping you with your health care and other important needs.

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# IMPORTANT PHONE NUMBERS

#### 24/7 NurseLine

Call toll free at 1-800-711-9862,TTY 711 24 hours a day, seven days a week

# BlueRide<sup>SM</sup> transportation to medical appointments

Call toll free at 1-866-340-8648,TTY 711 Monday through Friday, 8 a.m. to 5 p.m Central time

# Behavioral health and chemical dependency services

Call toll free at 1-844-410-0745, TTY 711 24 hours a day, seven days a week

### Blue Advantage<sup>sM</sup> and MinnesotaCare 1-800-711-9862; TTY 711

Attention. If you need free help interpreting this document, call the above number.

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Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

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